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Mark Stuenzi

Finding Who We Are

False identities:

My value is determined by my p_____ a_____

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If you are "in Christ",
you are:

C_____

F_____

S_____

Ephesians 1:1-6

¹Paul, an apostle of Christ Jesus by the will of God,

To the saints in Ephesus, the faithful in Christ Jesus:

²Grace and peace to you from God our Father and the Lord Jesus Christ.

³Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.

⁴For he chose us in him before the creation of the world to be holy and blameless in his sight. In love ⁵he predestined us to be adopted as his sons through Jesus Christ, in accordance with his pleasure and will – ⁶to the praise of his glorious grace, which he has freely given us in the One he loves.

Discussion Questions

1. What aspect of today's teaching "hit home" with you? Why?

2. Which "mirrors" in this world have impacted you the most? How has this played out in your life and relationships?

3. What does God's Word say about who you are if you are "in Christ"?

See these passages also: Colossians 1:13-14; Ephesians 2:6; 1 John 3:1; John 1;12; John 15:15; Romans 8:1; Romans 8:35-39

4. What specific steps could you take to allow the truth of Scripture become the basis of your identity?

Spend some time each day reading, meditating on, studying, resting in and applying Ephesians 1:1-14.

Here are some resources that may help:

Life Lessons with Max Lucado - Ephesians (available at your favorite local Christian bookstore or online book seller)

www.crosswalk.com

www.studylight.org