



May 30-31, 2009

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## From the Inside Out

Ephesians 3:14-21

**Our spiritual formation is driven by:**

God's \_\_\_\_\_

God's \_\_\_\_\_

God's \_\_\_\_\_

*<sup>14</sup>For this reason I kneel before the Father, <sup>15</sup>from whom his whole family in heaven and on earth derives its name. <sup>16</sup>I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, <sup>17</sup>so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, <sup>18</sup>may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, <sup>19</sup>and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.*

*<sup>20</sup>Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, <sup>21</sup>to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.*

### Revelation 2:1-4

*<sup>1</sup>To the angel of the church in Ephesus write:*

*These are the words of him who holds the seven stars in his right hand and walks among the seven golden lampstands:*

*<sup>2</sup>I know your deeds, your hard work and your perseverance. I know that you cannot tolerate wicked men, that you have tested those who claim to be apostles but are not, and have found them false. <sup>3</sup>You have persevered and have endured hardships for my name, and have not grown weary. <sup>4</sup>Yet I hold this against you: You have forsaken your first love.*

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Spend some time each day reading, meditating on, studying, resting in and applying Ephesians 3:14-21. Here are some resources that may help:

**<http://parkerhill.wordpress.com>** – weekend follow-up questions for you and your small group

***Life Lessons with Max Lucado - Ephesians*** (available at your favorite local Christian bookstore or online book seller)

**[www.crosswalk.com](http://www.crosswalk.com)**

**[www.studylight.org](http://www.studylight.org)**