



August 22-23, 2009

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The devil's primary strategy is to get us to question one of two things:

### Gear Up!

Ephesians 6:14-17

The Belt of Truth

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The Breastplate of Righteousness

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Feet Fitted with Readiness

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Shield of Faith

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Helmet of Salvation

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Sword of Spirit

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<sup>14</sup> Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place,

<sup>15</sup> and with your feet fitted with the readiness that comes from the gospel of peace.

<sup>16</sup> In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.

<sup>17</sup> Take the helmet of salvation and the sword of the Spirit, which is the word of God.

1. God's \_\_\_\_\_ (Does he have my best interest in mind?)

2. God's \_\_\_\_\_ (Can I trust him?)

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Spend some time each day reading, meditating on, studying, and applying Ephesians 6:10-20. Here are some resources that may help:

<http://parkerhill.wordpress.com> – Weekend follow-up questions for you and your small group.

*Waking the Dead*, by John Eldredge – A call to follow Christ with all of our hearts.

*The Screwtape Letters* – A classic by C.S. Lewis, describing the unseen world through the letters of fictional demons.

You can also read the following passages of Scripture which expand on the theme of today's message:

John 17:15-17

Proverbs 4:23-27

Psalms 119:9-16

Psalms 1